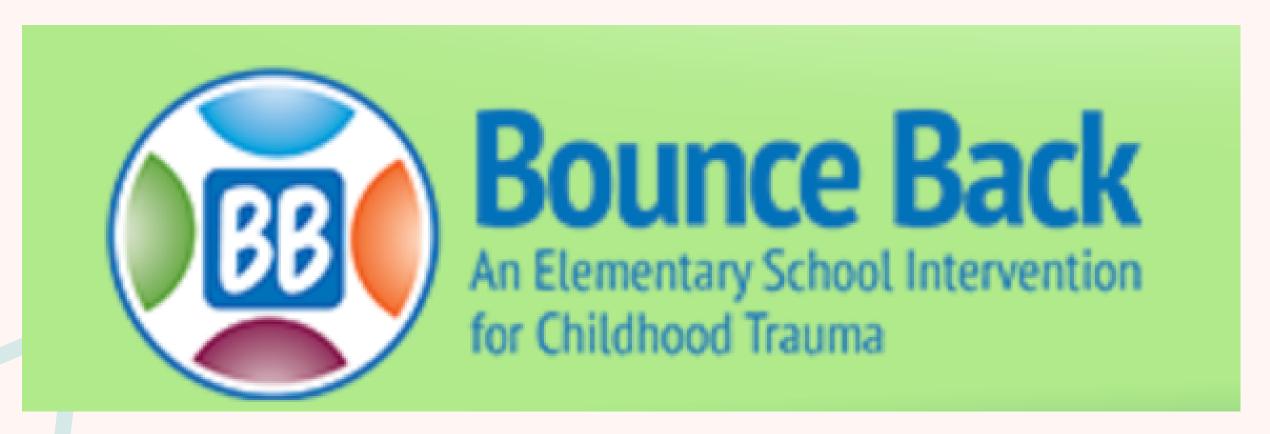
## Educational Service Unit 2

and Disaster Response Grant are offering Facilitator Training for



## February 16 ~ 9:00 AM - 4:00 PM ~ ESU 2 Conference Room

Bounce Back is a school-based group intervention for elementary students exposed to stressful and traumatic events. With 20-50% of American children experiencing trauma within their families, at their schools, and in their communities, it's essential to help children heal. Bounce Back teaches students ways to cope with and recover from traumatic experiences, so they can get back to doing what they want to do and need to do.

## **BounceBack program consists of:**

- Group Sessions of 4-7 students for an hour once a week for 10 weeks. I support, and problem solving.
- Parent Sessions to review the skills children are learning to practice at home.
- Individual Sessions to develop a "My Story" trauma narrative.

Potential candidates for the BounceBack facilitator training are persons with experience providing clinical mental health or education in the mental health field.

- Master's degree that includes clinical training in child mental health.
- Mental health clinicians working in a school or school-like setting where running closed groups is feasible.

## Register at ESU 2 Website: www.esu2.org





